

Phoenix Striders Stanford Le Hope 10K Race 19th August 2018

Place	Time	Name	ID	Age	Gender	Running Club
1	00:35:11	Crispian Bloomfield	323	42	male	Billericay Striders
2	00:39:43	Toby Draper	334	46	male	
3	00:39:59	Shawn Brown	343	38	male	Thurrock Harriers
4	00:40:15	Leo Cole	204	51	male	
5	00:41:59	Nick Markwell	303	47	male	
6	00:42:48	Bruce Gander	206	54	male	
7	00:43:08	Gary Critchett	257	34	male	
8	00:43:33	Terry Lewsey	240	41	male	
9	00:43:41	Phil Olson	315	58	male	Thrift Green Trotters
10	00:44:10	Chris Webster	232	41	male	
11	00:44:15	Thomas Smith	319	35	male	Havering 90 Joggers
12	00:44:20	Chris Cook	190	30	male	
13	00:44:51	Lloyd Miles	268	50	male	
14	00:45:00	Tom Wheatley	288	36	male	
15	00:45:17	Robert Lay	292	45	male	
16	00:45:30	Lucy Golding	168	26	female	
17	00:45:37	Neil Cornelius	134	46	male	
18	00:45:38	James Price	314	46	male	Phoenix Striders
19	00:45:54	Ben Whateley-Harris	169	35	male	
20	00:46:02	Martin Page	254	61	male	Barking Road Runners
21	00:46:09	Lee Hazelwood	259	51	male	Phoenix Striders
22	00:46:18	Paul Agastina	236	47	male	
23	00:46:23	Trevor Horncastle	320	58	male	Phoenix Striders
24	00:46:31	David Cox	349	50	male	Thurrock Nomads
25	00:46:37	Lee Wall	246	36	male	Thurrock Nomads
26	00:46:40	Simon Tippet	129	49	male	Benfleet RC
27	00:47:00	Lucy Harrison	175	31	female	
28	00:47:40	Benn Raymond	296	38	male	
29	00:47:40	Dean Bates	276	50	male	Havering 90 Joggers
30	00:47:46	Richard Stockwell	225	45	male	

31	00:48:06	Bradley Cole	170	21	male	
32	00:48:23	Richard Fuller	256	57	male	
33	00:48:29	Martin Orford	286	52	male	Phoenix Striders
34	00:48:36	Roland Etheridge	211	35	male	
35	00:48:45	Peter Dent	306	50	male	
36	00:48:52	Philip Tall	347	45	male	Thurrock Nomads
37	00:48:57	Michael Guy	243	53	male	
38	00:48:59	Veronique Surry	123	37	female	
39	00:49:04	Phil Warner	340		male	Phoenix Striders
40	00:49:07	Paul Bottjer	317	57	male	Phoenix Striders
41	00:49:17	James Enever-Dodd	143	38	male	
42	00:49:27	Jamie Morris	182	30	male	
43	00:49:35	Hayley Nye	144	29	female	
44	00:49:44	Amy Gornall	176	32	female	
45	00:49:44	James Ferrant	345	17	male	Basildon Atheletics Club
46	00:49:46	Mick Brown	318	52	male	Dagenham 88
47	00:49:53	Mike Young	165	37	male	
48	00:50:13	Colin Wilkinson	237	51	male	
49	00:50:19	Deborah Hall	328	38	female	East Essex Tri
50	00:51:10	Andrew Lay	293	51	male	
51	00:51:16	Daniel Roche	235	31	male	
52	00:51:19	Martin McGrory	122	47	male	
53	00:51:45	Surjit Grewal	299	53	female	
54	00:51:51	Anthony Maclean	247	48	male	
55	00:52:00	Deborah Jewson	313	58	female	TRA
56	00:52:23	Diane Beaver	281	56	female	
57	00:52:28	Martin Hall	333	60	male	
58	00:52:50	Chris Shaw	261	69	male	
59	00:52:52	Billy McKinlay	298	29	male	
60	00:52:56	Heather Samson	234	42	female	
61	00:53:02	Dean Saunders	220	37	male	
62	00:53:08	Nathan Muscat	219	24	male	
63	00:53:08	Brian Butcher	330	69	male	Castle Point Joggers

64	00:53:11	Bruce Mail	285	55 male	Havering 90 Joggers
65	00:53:26	Robert Monger	217	53 male	
66	00:53:27	Arturas Gasiunas	337	40 male	
67	00:53:55	Alan Connelly	332	45 male	
68	00:54:00	Roy Nineham	181	38 male	
69	00:54:20	Elliot Farr	149	27 male	
70	00:54:38	Jennifer Spittle	264	45 female	
71	00:55:04	Michelle Smart	266	39 female	Phoenix Striders
72	00:55:12	Chris McClaughan	327	30 female	
73	00:55:23	Cheryl Macdonald	262	59 female	
74	00:55:29	Richard Carvey	184	52 male	
75	00:55:33	Ashley Lovett	183	49 male	Thurrock Nomads
76	00:55:34	Leigh Still	258	54 male	
77	00:55:34	Gemma Johnson	215	35 female	
78	00:56:03	Charlott Wray	231	31 female	
79	00:56:10	Steve Watson	245	36 male	
80	00:56:25	Serena Neale	244	51 female	
81	00:56:26	Ceri Armstrong	284	43 female	Billericay Striders
82	00:56:36	William Holman	344	23 male	Phoenix Striders
83	00:57:06	Jeff Furness	326	61 male	
84	00:57:21	Kelly Burgess	193	45 female	
85	00:57:25	Stephen Dickens	216	55 male	
86	00:57:29	Janice Norris	283	53 female	
87	00:57:40	Tara Merrell	159	41 female	
88	00:57:40	Chris Cousens	199	39 male	
89	00:57:42	Gary Shade	348	53 male	Thurrock Nomads
90	00:57:50	Caroline Crofts	282	52 female	
91	00:57:59	Steve Ferrant	346	42 male	
92	00:58:16	Brian Slade	311	72 male	
93	00:58:34	Kostas Xydis	353	33 male	Chafford Hundred
94	00:58:35	Graeme Silcock	150	31 male	
95	00:58:38	Nicola Scott	137	44 female	
96	00:58:46	Mark Collins	295	48 male	Castle Point Joggers

97	00:58:48	Dan Gilbey	249	28 male	
98	00:58:57	Tom More	248	28 male	
99	00:58:57	Paul Robbins	158	37 male	
100	00:59:38	Daniel Murphy	354	34 male	
101	00:59:47	Paul Smith	352	62 male	Thurrock Nomads
102	00:59:50	Anthony Gell	196	31 male	
103	01:00:06	Tim Presser	164	40 male	
104	01:00:15	Spyros Maravegias	269	35 male	
105	01:00:24	Danny Mills	294	34 male	
106	01:00:24	Paul Jones	152	42 male	
107	01:00:26	Paul Young	342	64 male	Hockley Trail Runners
108	01:00:31	Joanne Taylor	146	31 female	
109	01:00:35	Jack Howes	242	22 male	
110	01:01:11	Sherie Buckley	336	46 female	
111	01:01:19	Gary French	321	37 male	
112	01:01:25	Alexandra Bourne	126	37 female	
113	01:01:32	Louise Peacock	151	41 female	Harlow RC
114	01:01:37	Oliver Goodwin	171	31 male	
115	01:01:54	Henry Monaghan	278	68 male	
116	01:01:57	Chris Stacey	153	45 male	
117	01:02:03	Heather Impey	300	45 female	
118	01:02:05	Sylvia French	322	39 female	
119	01:02:08	John Parker	200	34 male	
120	01:02:09	Stephen Shynn	229	62 male	
121	01:02:16	Vanessa Wheeler	251	55 female	
122	01:02:17	Kathryn Emerson	145	29 female	
123	01:02:20	Shelley Ludlow	265	39 female	
124	01:02:22	Laura Heard	156	38 female	Phoenix Striders
125	01:02:29	Kim Vinicombe	324	61 male	Phoenix Striders
126	01:02:29	Liz May	224	41 female	
127	01:02:49	Frances Down	209	40 female	
128	01:02:56	David Beatty	289	47 male	
129	01:03:07	Leon Francis	203	33 male	

130	01:03:16	Michelle Luggar	253	36 female	
131	01:03:32	Stacey Smith	331	29 female	
132	01:03:48	Rebecca Addison	198	39 female	
133	01:03:49	Peter Woodard	329	67 male	Thurrock Nomads
134	01:03:50	Claire Young	341	49 female	Hockley Trail Runners
135	01:04:03	Chris Couch	335	58 male	
136	01:04:07	Nicola Rudgley	263	46 female	Pitsea RC
137	01:04:14	Garry Orton	279	48 male	
138	01:04:27	Ellie Anderson	338	21 female	
139	01:04:55	Shirley Dargan-Bloss	312	44 female	
140	01:04:55	Nelson Anderson	339	54 male	East Essex Tri
141	01:05:18	Christina Scott-Farnell	210	43 female	
142	01:05:55	Debra Pumfrett	291	54 female	Rochford RC
143	01:06:02	Leanne Meadows	202	29 female	
144	01:06:13	Clare Ghiradello	178	33 female	
145	01:06:25	Grainne Hallahan	280	33 female	
146	01:06:32	Julia Gochmanski	132	50 female	
147	01:06:33	Antoni Gochmanski	131	51 male	
148	01:07:10	Victoria Kramer	172	27 female	
149	01:07:11	Andrew Chaplin	275	46 male	
150	01:07:30	Fae Footer	304	44 female	
151	01:07:49	Christopher Eates	223	37 male	Pitsea RC
152	01:07:59	Anne Peterson	310	61 female	
153	01:08:01	Lauren Condliffe	274	29 female	Dagenham 88
154	01:08:03	Lynne Northcott	271	38 female	
155	01:08:07	Steven Crabbe	136	40 male	Phoenix Striders
156	01:08:15	Joanne Choulerton	297	47 female	
157	01:08:43	Teresa Howell	212	55 female	
158	01:08:43	Danielle Howell	302	36 female	
159	01:09:14	Steven Parmenter	188	45 male	
160	01:09:24	Daniel Pincham-Phipps	305	64 male	
161	01:09:31	Hazel Thomas	194	57 female	
162	01:09:33	Angela Parsons	160	50 female	

163	01:09:34	Nicole Woulfe	230	30 female	
164	01:09:44	Trevor Peterson	309	62 male	
165	01:09:51	Amy Sheekey	179	23 female	
166	01:10:11	Karen Goodyear	270	40 female	Pewsey Vale RC
167	01:10:43	Paul Ireson	180	57 male	
168	01:10:49	Dennie Tones	273	40 male	
169	01:10:50	Laura Hicks	197	44 female	Phoenix Striders
170	01:11:08	Michelle Holman	260	51 female	
171	01:11:11	Sharon Wilkinson	238	50 female	Phoenix Striders
172	01:11:17	Carole Vinicombe	325	57 female	Havering 90 Joggers
173	01:11:38	Helen MacKenzie-Cardy	316	54 female	Phoenix Striders
174	01:12:36	Sara Quinn	207	46 female	Phoenix Striders
175	01:13:16	Karen Heard	157	39 female	
176	01:13:55	Sarah Bulger	214	30 female	
177	01:14:31	Lisle Pugh	189	44 female	
178	01:14:56	Terry Wilson	148	59 male	
179	01:15:32	Kate Janson	161	34 female	
180	01:16:05	Michelle Mansfold	351	45 female	
181	01:16:06	Judith Mckimay	350	59 female	
182	01:16:20	Lauren Percy	226	27 female	
183	01:17:07	Danielle Leggatt	227	27 female	
184	01:17:18	Marie Parker	307	43 female	
185	01:17:22	Gary Petchey	308	48 male	
186	01:17:38	Stevie Smith	174	28 female	
187	01:18:02	Candice Woods	290	25 female	
188	01:19:04	Graham Thomas	195	60 male	
189	01:27:12	Georgina Burch	287	27 female	
190	01:42:30	Sara Coombe	205	45 female	
	1 Lap	Trish Tippett	127	53 female	
	1 Lap	Nikki Whittington	139	32 female	
	1 lap	Rob Ponti	173	34 male	
	1 Lap	Jamie Wright	177	35 male	
	1 Lap	Joel Davies	218	41 male	