



Place	Time	Name	ID	Category	Gender	Running Club
1	36:01.9	Crispian Bloomfield	470	V	Male	Billericay Striders
2	37:10.3	Damien Jon Harvey	388	S	Male	Benfleet RC
3	38:54.0	Michael Wilkes	444	V	Male	Rochford Running Club
4	40:30.0	Lloyd Miles	409	V	Male	Billericay Striders
5	40:49.4	Steve Churchyard	364	S	Male	Benfleet RC
6	41:58.6	Jay Kilshaw	468	S	Male	Thurrock Nomads
7	42:17.3	Tom Anderson	477	S	Male	Thurrock Harriers
8	43:33.6	John O'Shea	414	V	Male	Thurrock Harriers
9	43:37.9	Ryan Crane	463	S	Male	
10	43:49.6	Nelson Anderson	457	V	Male	
11	44:04.0	Dan Goodson	381	S	Male	



Place	Time	Name	ID	Category	Gender	Running Club
12	44:13.5	John Pumfrett	424	V	Male	Phoenix Striders
13	44:19.0	Al Burridge	360	S	Male	Rochford Running Club
14	44:28.5	Duncan Cottier	450	V	Male	
15	44:46.6	Paul Agastini	479	V	Male	Pitsea RC
16	45:13.5	Richard Stockwell	435	V	Male	Kingswood Running Club
17	45:19.1	Neal Clark	365	V	Male	Phoenix Striders
18	45:28.1	Ben Whateley-Harris	442	S	Male	Brentwood Running club
19	45:30.0	Neil Cornelius	368		Male	
20	46:10.0	Amy Gornall	383	S	Female	Brentwood Running Club
21	46:23.5	Martin Orford	480	V	Male	Pitsea RC
22	46:24.4	Scott O'Loughlin	465	V	Male	Phoenix Striders



Place	Time	Name	ID	Category	Gender	Running Club
23	47:08.5	John Jeffree	455	V	Male	
24	47:21.8	Tina Golubeua	460	S	Female	Pitsea RC
25	47:49.1	Paul Forrest	377	V	Male	East Essex Tri Club
26	47:58.3	Russell Plumb	421	S	Male	
27	47:58.9	Colin Wilkinson	445	V	Male	Phoenix Striders
28	48:09.1	Lee Hazelwood	391	V	Male	Phoenix Striders
29	48:38.3	Veronique Surry	437	S	Female	
30	48:59.0	Gary Day	459	V	Male	
31	49:05.5	Jenni Tomblin	478	S	Female	Greenwich Tritons
32	49:38.4	Christopher Roberts	427	S	Male	Phoenix Striders
33	50:19.9	Andy Lewis	404	S	Male	



Place	Time	Name	ID	Category	Gender	Running Club
34	50:22.9	Gary Cole	366	V	Male	
35	50:36.5	Richard Stanley	451	S	Male	
36	50:43.0	Martin England	374	S	Male	Castle Point Joggers
37	51:17.5	Jim Edwards	373	V	Male	
38	51:41.3	Julie Lester	403	V	Female	Thurrock Nomads
39	51:46.0	Craig Brown	359	S	Male	Harold Wood Running Club
40	52:01.5	David Beatty	356		Male	Pitsea RC
41	52:07.0	Alan Connelly	367	V	Male	
42	52:13.4	Adam Stow	466	V	Male	Pitsea RC
43	52:31.9	Calum Innes	449	V	Male	Phoenix Striders
44	52:34.0	Debra Pumfrett	423	V	Female	Phoenix Striders



Place	Time	Name	ID	Category	Gender	Running Club
45	53:30.4	Ruth Roberts	428	V	Female	Phoenix Striders
46	53:32.5	Helen Tabor	447	V	Female	RRC/Fordy Runs
47	53:41.4	Andrew Paul	419	S	Male	
48	53:44.5	Graeme Silcock	433	S	Male	East Essex Tri Club
49	53:46.5	Ann Reed	426	V	Female	Benfleet RC
50	53:53.0	Chris Shaw	431	V	Male	Thurrock Nomads
51	54:02.9	Christine Geraghty	380	S	Female	
52	54:07.8	BARRY Groom	385	V	Male	BARRY Groom
53	54:10.5	Heather Samson	430	V	Female	Kingswood Running Club
54	54:17.5	Michael Williams	462	V	Male	Pitsea RC
55	54:47.0	Mark David Challis	362	S	Male	



Place	Time	Name	ID	Category	Gender	Running Club
56	54:56.1	Lynsey Gray	384	V	Female	Phoenix Striders
57	55:40.0	Lorraine Heal	393	V	Female	
58	55:51.0	Jordan Ware	441	S	Male	
59	56:13.0	Peter Tree	464	V	Male	Brentwood RC
60	56:15.8	Jim Rugg	429	S	Male	
61	56:22.5	Gary Bright	358	S	Male	
62	56:28.5	Michael Summers	436	S	Male	
63	56:36.8	William Holman	475	S	Male	Pitsea RC
64	56:42.5	Kerry Wilkes	443	S	Female	
65	56:43.0	Claire Kirkland	400	S	Female	Rochford Running Club
66	56:43.5	Jeanette Taylor	438	V	Female	Rochford Running Club



Place	Time	Name	ID	Category	Gender	Running Club
67	56:43.8	Billy Jackson	398	S	Male	
68	56:44.0	Clowance Lane	402	V	Female	Benfleet RC
69	57:29.0	Andrew Kenyon	399		Male	
70	57:48.0	Brian Slade	481	V	Male	Havering 90 Joggers
71	58:00.0	Charlotte Porter	422	S	Female	
72	58:12.4	Louise Kitson	401	S	Female	
73	58:32.5	Lee Allen	355	V	Male	Benfleet RC
74	58:59.6	Ashley Murphy	411	V	Female	Phoenix Striders
75	59:40.9	Martin Callaghan	361	V	Male	PITSEA RC
76	59:41.4	Deborah Shynn	432	V	Female	Kingswood Running Club
77	59:41.5	Liz May	406	V	Female	Kingswood Running Club



Place	Time	Name	ID	Category	Gender	Running Club
78	1:00:02.5	Jack Howes	397	S	Male	
79	1:00:33.3	Steven Crabbe	369	V	Male	
80	1:00:49.5	Laura Heard	394	S	Female	Phoenix Striders
81	1:01:00.0	Elaine Forrest	376	S	Female	
82	1:01:38.6	Ethan Webber	472	S	Male	
83	1:01:57.4	Claire Webber	473	V	Female	
84	1:02:00.6	Stephen Parmenter	417	V	Male	Phoenix Striders
85	1:02:01.0	Robert Monger	410	V	Male	Phoenix Striders
86	1:02:01.4	Dawn Caddell	453	V	Female	Phoenix Striders
87	1:02:16.4	Ellie Anderson	456	S	Female	
88	1:02:57.8	Sally Piggott	420	V	Female	Phoenix Striders



Place	Time	Name	ID	Category	Gender	Running Club
89	1:03:14.4	Lucyl Hallett	469	S	Female	Pitsea RC
90	1:03:27.3	Lee Mcguire	407	V	Male	
91	1:03:57.5	Susan Vine	440	V	Female	Phoenix striders
92	1:03:58.6	Nikki Spratt	471	S	Female	Phoenix Striders
93	1:04:01.1	Kim Vinicombe	454	V	Male	Phoenix Striders
94	1:04:01.5	Claire Hitchcock	395	S	Female	Phoenix Striders
95	1:04:10.4	Janet Head	392	V	Female	PITSEA RC
96	1:04:39.0	Chris Couch	458	V	Male	
97	1:05:11.5	Richard Fletcher	375	V	Male	
98	1:05:13.0	Kim Tobin	439	V	Female	
99	1:05:18.5	Moneil Patel	418	S	Male	Runthrough



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100	1:05:34.9	Natalie Gorham	382	S	Female	Phoenix Striders
101	1:05:52.6	KY GROOM	387	J	Male	
102	1:06:00.6	Dan Taylor	474	S	Male	
103	1:08:30.8	Thelma Mercer	408	V	Female	Phoenix Striders
104	1:08:45.3	Alice Logan	452	S	Female	Phoenix Striders
105	1:10:20.1	Ken Harris	448	V	Male	Fordy Runs
106	1:10:30.3	Chelsey Quinton	425	S	Female	
107	1:10:30.8	Rob Eddings	372		Male	
108	1:10:33.1	Michelle Holman	396	V	Female	Phoenix Striders
109	1:10:34.6	Sharon Wilkinson	446	V	Female	Phoenix Striders
110	1:12:02.6	Rod Oakley	467	V	Male	



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111	1:12:33.6	Ashan Sarkar	476	S	Male	Orsett Heath Park Run
112	1:12:37.8	Amy Daniels	370	V	Female	
113	1:12:41.0	Lynne Northcott	413	V	Female	Dagenham ATA
114	1:12:50.1	Lois Whitrod	461	V	Female	Pitsea RC
115	1:15:59.5	Beverley Newman	412	V	Female	Castle Point Joggers
116	1:19:26.3	Rhys Hawkins	390	S	Male	PITSEA RC
117	1:22:44.1	Joanne Groom	386	V	Female	Castle point joggers
118	1:24:53.1	Elizabeth Parkes	416	V	Female	