



EWT & Phoenix Striders Thameside 10 for 10 Two, 10k – 10/09/2023 – Results

1	00:37:26	Chris Cook	715	Senior	Male	Pitsea Running Club
2	00:38:03	Shawn Brown	699	Veteran	Male	Thurrock Harriers
3	00:41:46	Jamie Ogilby	680	Senior	Male	
4	00:43:46	Steve Cooper	684	Veteran	Male	Rayleigh RAT Runners
5	00:44:34	Nick Taylor	666	Senior	Male	
6	00:44:37	Keith Willett	713	Veteran	Male	Thurrock Harriers
7	00:44:39	Kristian Elgey	667	Veteran	Male	
8	00:44:49	Henri Willett	714	Senior	Male	Thurrock Harriers
9	00:44:56	Perry Cordery	498	Veteran	Male	Phoenix Striders
10	00:45:32	Jack Howes	665	Senior	Male	
11	00:45:45	Hayley Nye	492	Senior	Female	Best Athletics
12	00:46:35	Neal Clarke	683	Veteran	Male	Phoenix Striders
13	00:47:04	Antony Mead	669	Veteran	Male	EMAC
14	00:47:26	Francis Fuller	493	Veteran	Male	Phoenix Striders
15	00:47:42	Chris Humphrey	687	Veteran	Male	Kingswood Running Club
16	00:47:53	Richard Stockwell	690	Veteran	Male	
17	00:48:21	Rachel Steel	688	Veteran	Female	
18	00:48:31	Paul Hurn	717	Veteran	Male	Thurrock Nomads
19	00:48:33	Martin Orford	705	Veteran	Male	Pitsea Running Club
20	00:48:53	Joe Foxon	632	Veteran	Male	Phoenix Striders
21	00:49:40	Fred Graham	647	Veteran	Male	Rayleigh RAT Runners
22	00:50:09	Roy Garry Webber	494	Veteran	Male	
23	00:51:00	Jonathan Rowley	675	Senior	Male	
24	00:53:37	John Mills	668	Senior	Male	Rochford Running Club
25	00:53:43	Kristina Read	706	Veteran	Female	Phoenix Striders
26	00:53:45	Adam Mitchell	645	Veteran	Male	
27	00:53:51	Neil Cornelius	685	Veteran	Male	Hockley Trail Runners
28	00:54:51	Monty Mead	497	Senior	Male	
29	00:55:01	Lee Hazelwood	704	Veteran	Male	Phoenix Striders
30	00:55:33	Adrian Lebby	691	Veteran	Male	
31	00:55:50	Sam Halsey	631	Senior	Male	
32	00:55:59	Sarah Goodine	662	Senior	Female	Red Runners



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33	00:56:08	Jason Merritt	707	Veteran	Male	
34	00:56:38	Paul Strutt	484	Veteran	Male	
35	00:56:49	Hayley Brown	661	Senior	Female	Red Runners
36	00:56:50	Claire Kirkland	693	Senior	Female	
37	00:57:06	Julie Lester	678	Veteran	Female	Thurrock Nomads
38	00:57:57	Nikki Vazanias	495	Senior	Female	Phoenix Striders
39	00:58:22	Simon Lambert	674	Veteran	Male	Phoenix Striders
40	00:58:39	Cameron Sparkes	628	Senior	Male	
41	00:58:53	Leigh Still	710	Veteran	Male	
42	00:59:03	Verity Hill	686	Veteran	Female	Phoenix Striders
43	00:59:23	Kay Hurn	716	Veteran	Female	Thurrock Nomads
44	01:00:08	Ayden Virgo	635	Under 17	Male	
45	01:00:25	Adam Jones	701	Senior	Male	
46	01:00:41	Nina Wu	646	Veteran	Female	Billericay Striders
47	01:00:43	Neil Colley	718	Senior	Male	Phoenix Striders
48	01:01:04	Paul Saddington	682	Veteran	Male	
49	01:01:04	Tony Abbott	695	Senior	Male	
50	01:02:12	Ashleigh Dobson	719	Senior	Female	
51	01:02:52	Lesley Jenkins	708	Veteran	Female	
52	01:02:53	Sarah Blockley	709	Senior	Female	Thurrock Nomads
53	01:03:03	Dan Hutson	673	Veteran	Male	Phoenix Striders
54	01:03:19	Paul Merrick	638	Veteran	Male	
55	01:03:31	Patrick Harrington	626	Veteran	Male	Phoenix Striders
56	01:03:36	James Whiston	664	Senior	Male	
57	01:03:46	Katie Sparkes	627	Senior	Female	
58	01:04:04	Lyndsey Percival	651	Senior	Female	
59	01:04:25	Joe Merrick	637	Senior	Male	
60	01:05:22	Eric Brown	644	Veteran	Male	
61	01:06:21	Graeme Silcock	663	Senior	Male	
62	01:07:43	Kathy Scourfield	653	Veteran	Female	Billericay Striders
63	01:08:21	Amber Prescott	671	Senior	Female	
64	01:08:21	Shelley North	672	Senior	Female	
65	01:08:48	Turid Hogan	656	Veteran	Female	



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66	01:08:49	David Hogan	657	Veteran	Male	
67	01:09:05	Dawn Potter	652	Veteran	Female	Billericay Striders
68	01:09:08	Jo Taylor	650	Senior	Female	
69	01:09:19	Meriel Cameron	499	Veteran	Female	Phoenix Striders
70	01:09:26	Madeline Darch	486	Senior	Female	Pitsea Running Club
71	01:09:37	Stephen Adams	487	Veteran	Male	
72	01:09:40	Steven Crabbe	483	Veteran	Male	Lonely Goat RC
73	01:10:26	Eddie Murphy	700	Veteran	Male	
74	01:10:56	Joy Leader	712	Veteran	Female	Phoenix Striders
75	01:10:59	Michelle Holman	703	Veteran	Female	Phoenix Striders
76	01:11:07	Jane Piper	485	Veteran	Female	Phoenix Striders
77	01:11:22	Lucy Mclean	658	Senior	Female	
78	01:11:41	Stevie Smith	488	Senior	Female	Phoenix Striders
79	01:12:15	Demi Graham	636	Senior	Female	
80	01:13:00	Deborah Hill	660	Veteran	Female	
81	01:13:43	Lauren Day	640	Senior	Female	
82	01:15:55	Rachel Day	639	Senior	Female	
83	01:17:01	Grace Kelly	643	Veteran	Female	Dagenham 88 Runners
84	01:18:27	Derek Staton	655	Veteran	Male	Thurrock Nomads
85	01:20:08	Mandy Mead	496	Veteran	Female	
86	01:21:08	Caroline Smith	692	Veteran	Female	Rochford Running Club
87	01:21:22	Brittany Bell	679	Senior	Female	
88	01:21:23	Connor Margetts	641	Senior	Male	
89	01:21:54	Megan Dobson	720	Senior	Female	
90	01:23:35	Gary Gray	697	Veteran	Male	
91	01:23:36	Sarah Gray	698	Senior	Female	
92	01:26:05	Chris Shaw	642	Veteran	Male	Thurrock Nomads
93	01:27:13	Christine Crawley	676	Veteran	Female	Roxy Runners
94	01:30:42	Leanne Cusgrove	659	Senior	Female	
95	01:31:57	Lucy Benjamin	702	Senior	Female	