



Phoenix Striders
Walking and Running Club, Basildon

Dunton Demon 5K - 21 September 2025

Place	Time	Name	ID	Cat	Gender	Club
1	00:27:09	Oscar MacDonald	412	Under 16	Male	
2	00:27:47	Alasdair MacDonald	411	Veteran	Male	
3	00:28:23	Nicola Jaques	408	Senior	Female	Pitsea Running Club
4	00:30:38	Agnieszka Wojtkowiak	413	Veteran	Female	
5	00:30:44	Robbie Watson-Levey	409	Veteran	Male	
6	00:35:03	Tom Groombridge	414	Veteran	Male	Pitsea Running Club
7	00:38:11	John Pearce	416	Veteran	Male	Pitsea Running Club
8	00:38:15	Michelle Maxted	406	Veteran	Female	Phoenix Striders
9	00:38:47	Tanya Cotier	410	Veteran	Female	
10	00:38:51	Carole Vinicombe	407	Veteran	Female	Phoenix Striders
11	00:42:48	Tracey Warren	415	Veteran	Female	Pitsea Running Club