



Place	Time	Name	ID	U16	Gender	Club
1	00:19:45	Oscar Farley	474		M	Billericay Striders
2	00:19:56	Alex Robertson	147		M	Thurrock Harriers
3	00:20:58	Scott Thrush	454		M	Thurrock Harriers
4	00:21:01	Ewan McFarlane	306		M	Phoenix Striders
5	00:21:10	James Ferrant	368		M	Pitsea Running Club
6	00:21:31	Nick Trencher	311		M	Thurrock Harriers
7	00:21:53	Billy Parker Brown	447		M	
8	00:21:55	Jimmy Justice	443		M	Phoenix Striders
9	00:22:01	Paul Hogan	464		M	Pitsea Running Club
10	00:22:05	Henri Willett	331		M	Thurrock Harriers
11	00:22:17	Michael Woodward	325		M	Pitsea Running Club
12	00:22:27	Michael Cook	317		M	Pitsea Running Club
13	00:22:40	Alan James	369		M	Phoenix Striders
14	00:22:46	Richard Leeson	344		M	Phoenix Striders
15	00:22:50	Keith Willett	332		M	Thurrock Harriers
16	00:23:14	Grant England	373		M	Billericay Striders
17	00:23:16	Kirsty Osborn	136		F	Thurrock Harriers
18	00:23:20	Tim Martin	125		M	Thurrock Harriers
19	00:23:33	Oliver McMeeking	320	12	M	
20	00:23:35	Lucas Willett	466		M	Thurrock Harriers
21	00:23:44	Paul Firth	334		M	Phoenix Striders
22	00:23:50	James Price	330		M	Pitsea Running Club
23	00:23:54	Joseph Smith	327		M	Pitsea Running Club
24	00:24:01	Martin Orford	155		M	Pitsea Running Club
25	00:24:04	Thomas England	374	13	M	
26	00:24:05	Tony Agg	120		M	Billericay Striders
27	00:24:09	Hayley Nye	460		F	
28	00:24:10	Kenal Tylala	450		M	Thurrock Harriers
29	00:24:31	Ellis Higgins	363	13	M	
30	00:24:46	Andrew Robinson	126		M	
31	00:24:47	Russell Edgings	469		M	Havering Tri
32	00:24:48	Adam Stow	338		M	Pitsea Running Club
33	00:24:51	Paul Hern	149		M	Thurrock Nomads
34	00:24:57	John Oshea	355		M	Thurrock Harriers
35	00:25:06	Charlotte Killingback	150		F	Pitsea Running Club
36	00:25:08	Geoff Dickson	440		M	
37	00:25:15	Colin Wilkinson	451		M	Phoenix Striders
38	00:25:25	Jimmy Fraser	319	13	M	



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39	00:25:53	Chris Humphrey	378		M	
40	00:26:01	Sarah Jane	305		F	Harold Wood
41	00:26:04	Lee Hazelwood	473		M	Phoenix Striders
42	00:26:18	Neil Cornelius	362		M	Hockley Trail
43	00:26:33	John Sheppard	140		M	Phoenix Striders
44	00:26:45	Neil Colley	462		M	Phoenix Striders
45	00:26:48	Ernest Mulryne	465		M	Kingswood Running
46	00:26:58	Neal Beaumont	442		F	Dengie 100
47	00:27:20	Faatemah Piperdy	326		F	Pitsea Running Club
48	00:27:26	Bob Mills	376		M	Thurrock Nomads
49	00:27:30	Leigh Still	452		M	
50	00:27:35	Jane Yellop	356		F	Pitsea Running Club
51	00:27:46	Michael Healy	137		M	
52	00:28:00	Dean Blackwell	475		M	Fordy Runs
53	00:28:11	Matt Butler	146		M	Thurrock Nomads
54	00:28:19	David Clancy	458		M	Phoenix Striders
55	00:28:26	Bernard Myburgh	336		M	Phoenix Striders
56	00:28:29	Julia Summers	343		F	Leigh-on-sea
57	00:28:30	Kerry Slesser	342		F	Leigh-on-sea
58	00:28:38	Dermott Desmond	375		M	Pitsea Running Club
59	00:28:41	Roma sands	145		F	Phoenix Striders
60	00:28:44	Steve Lovett	304		M	Phoenix Striders
61	00:28:45	David Clark	446		M	Thurrock Nomads
62	00:28:48	Ron Barnes	459		M	
63	00:28:49	Zoe Storrar	141		F	Leigh-on-sea
64	00:28:50	Lynsey Gray	444		F	Phoenix Striders
65	00:29:02	Jo Pearce	350		F	Phoenix Striders
66	00:29:14	Kay Hurn	148		F	
67	00:29:15	Bernard Johnson	310		M	Thurrock Harriers
68	00:29:18	Hiren Amin	129		M	Pitsea Running Club
69	00:29:21	Charlie Leslie	463		F	Phoenix Striders
70	00:29:25	Elliott Jenkins	134	15	M	
71	00:29:35	Surgit Grewal	470		F	Thurrock Nomads
72	00:29:40	Alison Dunn	370		F	Leigh Striders
73	00:29:54	Claire Hitchcock	121		F	Phoenix Striders
74	00:29:56	Mandy Cooper	316		F	Benfleet RC
75	00:29:58	David Adams	357		M	Thurrock Nomads
76	00:30:04	Laura Heard	322		F	Phoenix Striders



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77	00:30:10	Claire Fraser	328		F	Phoenix Striders
78	00:30:16	Julie Lester	312		F	Thurrock Nomads
79	00:30:21	Benji Jenkins	456	13	M	
80	00:30:24	Darren Tower	315		M	Pitsea Running Club
81	00:30:29	Tony Griffin	131		M	Pitsea Running Club
82	00:30:31	Mark Puttock	371		M	Phoenix Striders
83	00:30:40	Michael Groombridge	471		M	Phoenix Striders
84	00:30:49	Joe Merrick	448		M	
85	00:30:57	Adam Jenkins	133	13	M	
86	00:30:59	Karen Dynock	366		F	Phoenix Striders
87	00:30:59	Gloria Bullen	124		F	Thurrock Harriers
88	00:31:03	Duncan Russell	138		M	Phoenix Striders
89	00:31:08	Justin Bird	318	13	M	
90	00:31:10	Chris McDonald	301		M	Dengie 100
91	00:31:17	Katie Darby	453		F	Pitsea Running Club
92	00:31:31	Ruth Roberts	354		F	Phoenix Striders
93	00:31:41	Mervyn Andiapen	154		M	
94	00:31:45	Jake Adams	377		M	
95	00:31:52	Kate Howlett	139		F	Pitsea Running Club
96	00:31:53	Katie Weir	351		F	Pitsea Running Club
97	00:31:58	Nick Searle	302		M	Dengie 100
98	00:32:03	Olivia Neocleous	379		F	Phoenix Striders
99	00:32:16	Peter Tree	324		M	Brentwood Running
100	00:32:23	David Davidson	333		M	Pitsea Running Club
101	00:32:36	Chris Emery	309		M	Pitsea Running Club
102	00:32:52	Beth Gadlin	142		F	Pitsea Running Club
103	00:32:55	Chris Jenkins	364		M	
104	00:33:04	Andy Body	358		M	Phoenix Striders
105	00:33:09	Sarah Gagor	476		F	Pitsea Running Club
106	00:33:15	James Farman	127		M	
107	00:33:26	Brian Butcher	132		M	
108	00:33:26	Lauren Day	123		F	
109	00:33:51	Sally Trew	367		F	
110	00:33:58	Joy Leader	144		F	Phoenix Striders
111	00:34:06	Claire Young	361		F	Hockley Trail
112	00:34:07	Sam Halsey	445		M	
113	00:34:11	Janine Rigg	323		F	



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114	00:34:33	Teresa Flannigan	313		F	East Essex Tri
115	00:34:39	Richard Sneader	461		M	Thurrock Nomads
116	00:34:50	Magdalena Lech	341		F	Phoenix Striders
117	00:34:52	Fae Footer	468		F	
118	00:35:25	Jan Head	359		F	Pitsea Running Club
119	00:35:29	Stephen Adams	457		M	
120	00:35:30	Steven Crabbe	321		M	Lonely Goat
121	00:36:02	Rachel Day	449		F	
122	00:36:03	Emily Body	151		F	
123	00:36:05	Joscelyn McInnes	441		M	Dengie 100
124	00:36:16	Wendy Turpin	314		F	Thurrock Nomads
125	00:36:25	Cherry Box	329		F	Pitsea Running Club
126	00:36:28	Derek Station	372		M	Thurrock Nomads
127	00:36:47	Hannah Footer	467	12	F	
128	00:36:56	Nicola Maslen	303		F	Phoenix Striders
129	00:37:01	Marion Breeze	122		F	Pitsea Running Club
130	00:37:08	Michelle Holman	472		F	Phoenix Striders
131	00:38:03	Ian Mizen	135		M	Phoenix Striders
132	00:38:18	Shirley Dargan-Bloss	128		F	Thurrock Nomads
133	00:38:32	Eddie Murphy	340		M	
134	00:39:41	Christina Didham	119		F	Phoenix Striders
135	00:39:48	Gemma Tweedie	339		F	Phoenix Striders
136	00:40:17	Lucanda Wymne	153		F	
137	00:40:25	Vikki Firth	335		F	Phoenix Striders
138	00:40:53	Claire Medhurst	307		F	Rochford
139	00:40:55	Lois Whitrod	360		F	Pitsea Running Club
140	00:40:56	Suzanne Biggins	130		F	Pitsea Running Club
141	00:41:16	Claire Twidell	308		F	Rochford
142	00:41:17	Shannene Murphy	353		F	Rochford
143	00:43:06	Connor Maryetts	352		M	
144	00:44:17	Alison Jenkins	365		F	
145	00:46:33	Karen Andiapen	152		F	