



Place	Time	Name	ID	U16	Gender	Club
1	00:21:03	Nick Trencher	24		M	Thurrock Harriers
2	00:21:48	Ian Toal	91		M	Leigh-on-Sea Striders
3	00:21:55	Micheal Cox	98		M	Pitsea Running Club
4	00:22:00	Paul Hagan	107		M	Pitsea Running Club
5	00:22:20	Joanna Bolton	3		F	Billericay Striders
6	00:22:27	Michael Russell	112		M	
7	00:22:33	Hayley Nye	127		F	Best Athletics
8	00:22:38	Perry Cordery	110		M	Phoenix Striders
9	00:22:48	Abdu Akay	39		M	Thurrock Nomads
10	00:22:50	Peter Thorn-Anderson	85		M	Pitsea Running Club
11	00:22:54	Bobby Robertson	92		M	Nuclear Striders
12	00:23:00	Alan James	16		M	Phoenix Striders
13	00:23:04	James Price	74		M	Pitsea Running Club
14	00:23:19	Grant England	4		M	Billericay Striders
15	00:23:23	Tom Jones	155		M	Phoenix Striders
16	00:23:46	Tony James	134		M	
17	00:24:04	Martin Orford	129		M	Pitsea Running Club
18	00:24:11	Krissy Orford	130		F	Phoenix Striders
19	00:24:12	Harry Best	45		M	
20	00:24:16	Jamie Smith	62		M	Phoenix Striders
21	00:24:24	Sarah-Jane Appleton	113		F	Phoenix Striders
22	00:24:49	Geoffrey Dickson	1		M	
23	00:25:04	Hiren Amin	120		M	Pitsea Running Club
24	00:25:15	Bryan Magee	7		M	
25	00:25:24	Neil Cornelius	14		M	Hockley Trail
26	00:25:30	Chris Smith	46		M	Pitsea Running Club
27	00:25:37	David Trew	41		M	
28	00:25:51	Archie Fay	109	14	M	
29	00:26:01	Lee Wall	61		M	Thurrock Nomads
30	00:26:03	Phil Warner	15		M	Phoenix Striders
31	00:26:28	Ben Magee	8	15	M	
32	00:26:33	Dave Lane	33		M	Phoenix Striders
33	00:26:52	Lee Hazlewood	157		M	Phoenix Striders
34	00:27:00	Ross McCreery	56		M	Phoenix Striders
35	00:27:16	Serena Jones	156		F	Phoenix Striders
36	00:27:18	Leonie Nalcioğlu	59		F	Thurrock Harriers
37	00:27:19	Simon Lambert	51		M	Phoenix Striders
38	00:27:23	Samantha Thompson	118		F	



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39	00:27:27	Michael Summers	66		M	Phoenix Striders
40	00:27:30	David Adams	5		M	Thurrock Nomads
41	00:27:34	Elenor Carmichael	34		F	Leigh-on-Sea Striders
42	00:27:46	Adam Stow	86		M	Pitsea Running Club
43	00:27:50	Faatemah Piperdy	128		F	Pitsea Running Club
44	00:27:56	Jason Merrick	13		M	
45	00:28:03	Lesley Jenkins	65		F	Pitsea Running Club
46	00:28:05	David Cant	75		M	Pitsea Running Club
47	00:28:06	Surjit Grewal	60		F	Brentwood Running
48	00:28:18	Jo Pearce	126		F	Phoenix Striders
49	00:28:19	Tim Smith	114		M	
50	00:28:27	Amy Kent	97		F	Phoenix Striders
51	00:28:28	Kay Hurn	36		F	Thurrock Nomads
52	00:28:41	Michael Gould	6		M	Pitsea Running Club
53	00:28:44	Ron Barnes	49		M	
54	00:28:49	Graham Humphries	20		M	Thurrock Nomads
55	00:28:50	Nicky Betts	21		M	Pitsea Running Club
56	00:28:54	Tony Kenyon	122		M	Pitsea Running Club
57	00:28:59	Spencer Lewis	84		M	Phoenix Striders
58	00:29:01	Gary Shade	94		M	Thurrock Nomads
59	00:29:09	Malcolm Woodhouse	71		M	Leigh-on-Sea Striders
60	00:29:28	David Clancy	117		M	Phoenix Striders
61	00:29:34	Ruth Roberts	87		F	Phoenix Striders
62	00:29:41	Bob Mills	69		M	Thurrock Nomads
63	00:29:45	Collette Toal	147		F	Leigh-on-Sea Striders
64	00:29:53	Julie Lester	37		F	Thurrock Nomads
65	00:30:00	Verity Hall	43		F	Phoenix Striders
66	00:30:06	Nicole Linnell	18		F	Thurrock Nomads
67	00:30:10	William Robertson	93	14	M	Nuclear Striders
68	00:30:15	Chris Emery	9		M	Pitsea Running Club
69	00:30:24	Tom Smalley	10		M	Pitsea Running Club
70	00:30:29	Carly Banks	32		F	Thurrock Nomads
71	00:30:31	Darren Hawley	133		M	
72	00:30:41	Robert Monger	22		M	Phoenix Striders
73	00:30:53	Olivia Killi	151		F	Phoenix Striders
74	00:31:02	Heidi Trencher	25		F	Thurrock Nomads
75	00:31:02	Beth Gadlin	11		F	Pitsea Running Club
76	00:31:15	Magdalena Miedlar	68		F	Thurrock Nomads



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77	00:31:17	Nicola Jakes	57		F	Pitsea Running Club
78	00:31:26	Scott Smith	23		M	Pitsea Running Club
79	00:31:40	Caroline Lionel	125		F	Phoenix Striders
80	00:31:46	Harry Monk	17		M	Thurrock Nomads
81	00:31:53	Gavin Davies	111		M	Phoenix Striders
82	00:31:57	Magda Lech	121		F	Phoenix Striders
83	00:32:02	Rachel Gittins	148		F	Phoenix Striders
84	00:32:19	Tim Thompson	119		M	
85	00:32:42	Kian Poskitt	96	14	M	Nuclear Striders
86	00:32:43	David Tapsall	26		M	Phoenix Striders
87	00:32:44	Joy Leader	27		F	Phoenix Striders
88	00:32:47	Terri Howe	35		F	Pitsea Running Club
89	00:32:57	Sally Witham	77		F	Phoenix Striders
90	00:33:00	Victoria Furner	81		F	Thurrock Nomads
91	00:33:05	John White	54		M	Pitsea Running Club
92	00:33:12	Mark Mager	48		M	
93	00:33:16	Moneil Patel	2		M	Central Park
94	00:33:30	Cherry Box	149		F	Pitsea Running Club
95	00:33:38	Hayley Fuller	150		F	
96	00:33:50	Jane Piper	79		F	Phoenix Striders
97	00:34:13	Julie Furner	80		F	Thurrock Nomads
98	00:34:34	Jim Jennett	50		M	Leigh-on-Sea Striders
99	00:34:35	Karen Obrien	95		F	
100	00:35:00	Kristine Pearson	53		F	Phoenix Striders
101	00:35:05	Janet Head	58		F	Pitsea Running Club
102	00:35:14	Isobel Hawley	132		F	
103	00:35:15	Gill Hawley	131		F	
104	00:35:27	Ella Gibbs	83		F	Phoenix Striders
105	00:35:29	David Davidson	99		M	Pitsea Running Club
106	00:35:31	Steve Richardson	44		M	Thurrock Nomads
107	00:35:45	Sally Trew	42		F	
108	00:35:46	David Tait	47		M	Billericay Striders
109	00:35:59	Michelle Holman	100		F	Phoenix Striders
110	00:36:05	Derek Staton	123		M	Thurrock Nomads
111	00:36:09	Joshua Myburgh	73	X	M	
112	00:36:12	Bernard Myburgh	72		M	Phoenix Striders
113	00:36:15	Kasia Camargo	154		F	
114	00:36:18	Theo Suga	124		F	Phoenix Striders



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115	00:36:19	Hazel Fay	108		F	Phoenix Striders
116	00:37:26	Kelly Dunn	40		F	Castlepoint Joggers
117	00:37:52	Phil Baker	19		M	Thurrock Nomads
118	00:38:04	Paul Read	29		M	Pitsea Running Club
119	00:38:04	Ann Reid	64		F	Pitsea Running Club
120	00:38:10	Cheryl Goode	31		F	Pitsea Running Club
121	00:38:11	Nicola Maslen	76		F	Phoenix Striders
122	00:38:16	Wendy Turpin	90		F	Thurrock Nomads
123	00:38:20	Chris Shaw	38		M	Thurrock Nomads
124	00:38:26	Jenny Shade	89		F	Thurrock Nomads
125	00:38:56	Richard Sneader	28		M	Thurrock Nomads
126	00:39:15	Lisa Sneader	63		F	Thurrock Nomads
127	00:39:15	Parm Shina-Wisdom	52		F	Thurrock Nomads
128	00:39:17	Christina Didham	116		F	Phoenix Striders
129	00:39:52	Chloe White	55	X	F	
130	00:40:42	Neil Atkinson	12		M	
131	00:41:56	Susan Vine	70		F	Phoenix Striders
132	00:42:18	Jess Pearce	30		F	Phoenix Striders
133	00:44:09	Ken Carey	82		M	Pitsea Running Club
134	00:46:28	Steven Bowen	67		M	Phoenix Striders
135	00:48:54	Kayleigh Kennington	115		F	Phoenix Striders
136	00:48:55	Lorraine Borley	78		F	Phoenix Striders