



Place	Time	Name	ID	U16	Gender	Club
1	00:20:50	James Ferrant	498		M	Pitsea Running Club
2	00:20:57	Charlie Phillippe	209		M	
3	00:21:11	Billy Parker Brown	208		M	
4	00:21:20	Jimmy Justice	177		M	Phoenix Striders
5	00:21:38	Mike Woodward	385		M	Pitsea Running Club
6	00:21:44	Richard Leeson	284		M	Phoenix Striders
7	00:22:00	Bobby Robertson	245		M	Nuclear Striders
8	00:22:10	Paul Hagan	494		M	Pitsea Running Club
9	00:22:23	Tom Jones	492		M	Phoenix Striders
10	00:22:29	Grant England	256		M	Billericay Striders
11	00:22:36	Steve Cooper	214		M	Rayleigh Rat
12	00:22:42	Michael Healy	204		M	
13	00:23:10	Kirsty Osbourne	168		F	Thurrock Harriers
14	00:23:14	Chris Humphrey	186		M	
15	00:23:23	Russell Edgings	392		M	Havering Tri
16	00:23:28	Katie Spicer	496		F	Leigh-on-Sea
17	00:23:30	Martin Orford	238		M	Pitsea Running Club
18	00:23:36	Callum Cousins	165		M	Pitsea Running Club
19	00:23:52	Mia Slesser	230		F	Exeter Tri
20	00:24:11	Paul Hurn	261		M	Thurrock Nomads
21	00:24:16	Nick Hill	188		M	Leigh-on-Sea
22	00:24:21	Bruce Gander	391		M	Leigh-on-Sea
23	00:24:25	Kristina Read	398		F	Phoenix Striders
24	00:24:26	Paul Agastina	156		M	Pitsea Running Club
25	00:24:48	Michelle Lane	497		F	Leigh-on-Sea
26	00:24:54	Colin Wilkinson	348		M	Phoenix Striders
27	00:25:07	Neil Cornelius	390		M	Hockley Trail
28	00:25:22	Joe Foxan	166		M	Phoenix Striders
29	00:25:29	Phil Warner	489		M	Phoenix Striders
30	00:25:29	Rachel Steel	244		F	
31	00:25:34	Chris Smith	384		M	Dengie 100
32	00:25:38	Neil Hubbard	393		M	Leigh-on-Sea
33	00:25:38	Tina Reeve	182		F	Leigh-on-Sea
34	00:25:49	Claire Hurcum	216		F	Phoenix Striders
35	00:25:52	Fiona Walker	396		F	Leigh-on-Sea
36	00:25:53	Sarah Jane Appleton	386		F	Phoenix Striders
37	00:25:55	Lee Hazelwood	280		M	Phoenix Striders
38	00:26:02	Dave Lane	488		M	Phoenix Striders



Place	Time	Name	ID	U16	Gender	Club
39	00:26:03	Alfie Henry	264		M	
40	00:26:10	Serena Jones	491		F	Phoenix Striders
41	00:26:11	Jeff Webster	482		M	Pitsea Running Club
42	00:26:14	Dean Blackwell	277		M	Fordy Runs
43	00:26:21	Charlotte Killingback	260		F	Pitsea Running Club
44	00:26:31	Michael Gould	159		M	Pitsea Running Club
45	00:26:38	James Price	484		M	Pitsea Running Club
46	00:26:49	Neal Beaumont	383		M	Dengie 100
47	00:26:54	Jane Yellop	495		F	Pitsea Running Club
48	00:27:08	Michael Summers	389		M	Phoenix Striders
49	00:27:09	Neil Colley	400		M	Phoenix Striders
50	00:27:15	David Clancy	171		M	Phoenix Striders
51	00:27:18	Harry Ferrant	399	14	M	Pitsea Running Club
52	00:27:22	Mike McSweeney	243		M	Phoenix Striders
53	00:27:26	Bernard Myburgh	174		M	Phoenix Striders
54	00:27:33	Kerry Spesser	179		F	Leigh-on-Sea
55	00:27:41	Kate Howlett	481		F	Pitsea Running Club
56	00:27:51	Gary French	167		M	
57	00:27:56	Nikki Vazanias	233		F	Phoenix Striders
58	00:27:58	Bryan Magee	202		M	
59	00:28:00	Ronald Barnes	257		M	
60	00:28:01	Amy Kent	180		F	Phoenix Striders
61	00:28:05	David Everett	172		M	
62	00:28:11	Surjit Grenwal	212		F	Thurrock Nomads
63	00:28:32	Rob Monger	349		M	Phoenix Striders
64	00:28:35	Gracie wade	480		F	Pitsea Running Club
65	00:28:43	Francis Fuller	479		M	Phoenix Striders
66	00:28:45	Zoe Storrar	183		F	Leigh-on-Sea
67	00:28:48	Jo Pearce	345		F	Phoenix Striders
68	00:28:58	Elisha Letley	395		F	Leigh-on-Sea
69	00:29:00	Mandy Cooper	184		F	Benfleet RC
70	00:29:02	Rachel Flanagan	347		F	Phoenix Striders
71	00:29:06	Julie Lester	217		F	Thurrock Nomads
72	00:29:15	William Holman	246		M	Rayleigh Rat
73	00:29:23	Laura Heard	278		F	Phoenix Striders
74	00:29:25	Lynsey Gray	346		F	Phoenix Striders
75	00:29:27	Claire Fraser	279		F	Phoenix Striders
76	00:29:34	Janine Rigg	203		F	



Place	Time	Name	ID	U16	Gender	Club
77	00:29:38	Dan Hutson	205		M	Phoenix Striders
78	00:29:40	Alison Dunn	240		F	Leigh-on-Sea
79	00:29:41	Tim Smith	164		M	
80	00:29:57	Karen Dymock	221		F	Phoenix Striders
81	00:29:58	Joe Merrick	161		M	
82	00:30:07	Lesley Jenkins	211		F	
83	00:30:19	Vikki Vincent	187		F	Phoenix Striders
84	00:30:43	Ruth Roberts	265		F	Phoenix Striders
85	00:30:46	David Davidson	215		M	Pitsea Running Club
86	00:30:56	Beth Gadlin	237		F	Pitsea Running Club
87	00:30:57	Harry Monk	170		M	Thurrock Nomads
88	00:31:00	Brian Butcher	160		M	
89	00:31:10	Jo Sinfield	224		F	Pitsea Running Club
90	00:31:13	Danielle Hughes	181		F	Reds
91	00:31:22	Tony Griffin	242		M	Pitsea Running Club
92	00:31:25	Catherine Magee	201		F	
93	00:31:32	Kay Hurn	262		F	Thurrock Nomads
94	00:31:33	Jasmine Hurn	263		F	
95	00:31:36	Chris McDonnell	157		M	Dengie 100
96	00:31:40	Jack Masser	200	14	M	Phoenix Striders
97	00:31:43	Derek Appleton	387		M	Phoenix Striders
98	00:31:53	Sam Halsey	158		M	
99	00:32:13	Lauren day	210		F	
100	00:32:22	Nick Searle	206		M	Dengie 100
101	00:32:27	Keith Pawson	185		M	Phoenix Striders
102	00:32:52	Magdalena Leech	259		F	Pitsea Running Club
103	00:32:55	Victoria Furner	220		F	Thurrock Nomads
104	00:33:10	Claire Young	493		F	Hockley Trail
105	00:33:11	Steve Ferrant	499		M	Pitsea Running Club
106	00:33:16	Meriel Cameron	234		F	Phoenix Striders
107	00:33:20	Fae Footer	239		F	Phoenix Striders
108	00:33:29	Nina Wu	258		F	Billericay Striders
109	00:33:31	Peter Einchcomb	380		M	
110	00:33:33	Katie Darby	236		F	Pitsea Running Club
111	00:33:34	Sally Trew	397		F	
112	00:33:52	Kristine Smith	228		F	Billericay Striders
113	00:34:03	Lisa Harland	229		F	Phoenix Striders
114	00:34:20	Richard Sneader	207		M	Thurrock Nomads



Place	Time	Name	ID	U16	Gender	Club
115	00:34:22	Dave Sadler	163		M	
116	00:34:24	Claire Hitchcock	483		F	Phoenix Striders
117	00:34:25	Faatemah Piperdy	225		F	Pitsea Running Club
118	00:34:27	Phil Baker	394		M	Thurrock Nomads
119	00:34:29	David Topsell	232		M	Phoenix Striders
120	00:34:37	Bonnie Sunshine	266		F	
121	00:34:42	Andy Fisher	189		M	
122	00:34:51	Peter Woodard	486		M	Thurrock Nomads
123	00:34:53	Teresa Flannigan	487		F	East Essex Tri
124	00:35:05	Rachel Day	162		F	
125	00:35:07	David Tait	490		M	Billericay Striders
126	00:35:10	Julie Furner	219		F	Thurrock Nomads
127	00:35:25	Joycelyn McInnes	382		F	Dengie 100
128	00:35:26	Hannah Tree	178		F	
129	00:35:28	Peter Tree	175		M	Brentwood Running
130	00:35:58	Phil Hudson	478		M	Ware Joggers
131	00:36:03	CherryBox	231		F	Pitsea Running Club
132	00:36:08	Michelle Holman	281		F	Phoenix Striders
133	00:36:08	Wendy Turpin	169		F	Thurrock Nomads
134	00:36:16	Sara Omer	485		F	Pitsea Running Club
135	00:36:40	Jacky Fisher	190		F	
136	00:36:47	Derek Staton	213		M	Thurrock Nomads
137	00:37:24	Jo Trower	282		F	Fittiology
138	00:37:25	Chris Shaw	388		M	Thurrock Nomads
139	00:37:56	Jenny Shade	227		F	Thurrock Nomads
140	00:37:57	Charlie Lloyd	381		M	Pitsea Running Club
141	00:38:02	Nicola Maslen	477		F	Phoenix Striders
142	00:38:29	Shirley Dargan-Bloss	222		F	Thurrock Nomads
143	00:38:31	Karen McKay	223		F	
144	00:39:46	David Walker	235		M	Leigh-on-Sea
145	00:39:49	Christina Didham	283		F	Phoenix Striders
146	00:40:55	Amanda Dumoulin	226		F	Phoenix Striders
147	00:40:55	Joanna Myburgh	173		F	Phoenix Striders
148	00:41:07	Lois Whitrod	276		F	Pitsea Running Club
149	00:41:30	Susie Flaggins	241		F	Pitsea Running Club
150	00:43:53	Eddie Mills	218		M	Phoenix Striders